Sport and Physical Activity Grants

All you need to know about the grants you or your club / organisation could apply for

www.charnwood.gov.uk/pages/funding_and_support
Introduction to our Sports Grants

Charnwood Borough Council are proud to offer a funding programme, giving local sports clubs, individuals and coaches the opportunity to improve the standards and local infrastructure of community sport delivery, as well as increasing the number of people engaged and sustained in sport and physical activity.

**Aims of grants:**

The objectives of the grants are to raise the standards of sport and physical activity in Charnwood at all levels and to increase participation in sport and physical activity including:

- Improving club structures – e.g. establishing new clubs or sections of existing clubs
- Fostering community and club links, offering recreational sessions that are accessible and inclusive, and encouraging young people to join a club
- Increasing activity and improving health amongst the least active in one or more of the following groups – women and girls, young people, black and minority ethnic groups, areas of deprivation and disability groups
What will be funded?

There are four separate funding streams you can apply for, these are;

- **Sports Development Grant**
  up to a max. of £250
- **Coach/ Official Education Grant**
  up to 50% of costs, max. £250
- **Sports Facilities**
  max. £1500 (normally up to 50% of cost)
- **Talent Support Fund**
  up to £250 (normally up to 50% of costs)

What to do now:

- Download form and complete grants checklist from [www.charnwood.gov.uk/pages/funding_and_support](http://www.charnwood.gov.uk/pages/funding_and_support)
- Complete the application form
- For applications over £1000 a short development plan for this project is required
- Evidence of club or organisation structure – e.g. constitution, articles of association
- Evidence of clubs financial position

Who can apply?

Please refer to our guidance notes at [www.charnwood.gov.uk/pages/funding_and_support](http://www.charnwood.gov.uk/pages/funding_and_support), and ensure that you complete the checklist to determine who and what is eligible for funding.

Evidencing need:

All groups who are applying for funding must be able to demonstrate evidence of being able to meet at least one of the aims of the Charnwood Borough Council Sports Grants.

Where relevant, applications must be able to demonstrate that they have consulted with their target groups and utilised research documents such as Sport England’s Youth Insight, market segmentation, LRS accessibility toolkit and health statistics.

Funds are limited

Please note there are limited funds for the sport and physical activity grants and we sometimes have to turn down eligible projects simply because we don’t have enough money to support everything.

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<th>Application deadline</th>
<th>Decision date (Grants panel)</th>
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Our Grants

1. Sports Development Grant
To increase the availability of sporting opportunities by:

• Assisting existing organisations to develop their sports programmes
• Encouraging the establishment of new sports groups/clubs/sections.

Shepshed Rugby Football Club were awarded £250 which was used to fund the set up and sustain an Under 7s age grade rugby section. The funds were divided between CPD for coaches and tag rugby equipment. This has allowed the club to keep participation costs low, making the session accessible and building on a strong foundation of junior rugby at the club.

2. Coach/Official Education Grants
• To assist in the education of coaches and officials by enabling them to improve their qualifications and experience.
• Grants will normally be awarded to a maximum rate of 50% of the course costs and not exceeding £250. Applications will be considered for a minimum course cost of £20.

Kayleigh Bignall and Rosie Morris from JKM Swim School both used their grants to contribute to their level 2 swimming teaching course. As full time students Kayleigh and Rosie would not have been able to complete the course for financial reasons. They both now teach classes as well as private lessons, and have increased in confidence.

John Foulds, Level 1 Bowls, St Margarets Coop Bowls Club. Since completing his course, John has seen an increase in attendance at have-a-go sessions and open days, and “with an intake of new inexperienced bowlers this season he will be invaluable for our existing coaches” Chairperson, St Margarets Coop Bowls Club.
3. Sports Facilities Grants

To assist sports clubs/organisations to provide, improve or retain essential playing facilities and ancillary accommodations.

Sports facility grant aid can provide support for: The purchase and layout of land for playing fields (based on current market values only), sports pavilions, indoor sports facilities, improvements to existing facilities, major equipment (e.g. boats) of a non-personal nature. Associated facility enhancing equipment – goal posts, nets, screens, covers, mats, mowers etc., Repairs, Drainage, Car park developments within the boundaries of the club.

Please note: If the actual cost of the scheme falls below that estimated on the form, Charnwood Borough Council reserves the right to reduce any grant awarded accordingly.

Sileby Town Football Club was awarded £1000 to contribute to the purchase of a container to store equipment (mowers, goal posts and crossbars) so that it could be stored securely and safely. Club Chairman Phil Williamson said “it is an essential addition to our clubhouse and will make it safer and easier for ground and pitch maintenance volunteers”.

William Bell a recipient of the Talent Support Grant, William Bell used the grant to finance entry into National Open meets to gain qualifying times for British Championships and Summer Nationals. William excels in a number of disciplines and distances, and entries cost £12+ per race. William has produced some outstanding results to date, regularly recording PBs and breaking county and national records. William’s coach said, “Will is very focused at training ... his drive and determination are second to none. Hopefully he will progress on to the international stage within the next few seasons.”

4. Talent Support Fund

To recognise individual talented sports performers in Charnwood and encourage them to develop to their full potential.

The Talent Support fund can be used to assist with: Essential items of equipment/clothing required to compete and train, cost of travel for training and competitions, cost of facility hire for training, coaching costs (but not a coach’s salary), Incurred competition costs - e.g. overnight accommodation, meals, entry fees, club subscription costs.

www.charnwood.gov.uk/pages/funding_and_support
The Leicestershire heart charity was set up in memory of local teenager Joe Humphries, a fit and healthy 14 year old boy who collapsed and died whilst out jogging near his home in October 2012.

Joe was a victim of Sudden Arrhythmic Death Syndrome (SADS). SADS is a group of undiagnosed heart conditions which cause a disturbance in the heart’s rhythm leading to sudden cardiac arrest. Physical exertion of sport and physical activity can trigger SADS, but this doesn’t mean sport is bad for you - it just causes any underlying problem to show up. Recognising any warning signs and acting promptly can mean the difference between life and death.

The Trust advocates the need for all sports clubs, groups and organisations to be prepared and ready to deal with a cardiac emergency. In addition to club coaches and volunteers all players and club officials have a vital role to play by knowing both how to perform CPR and how to use a defibrillator.

In best practice all clubs should have a public access defibrillator sited in an external AED box on the club premises which is accessible to the wider community 24/7 when the sports facilities are not in use.

Contact JHMT’s Charles.Poole@ntlworld.com to find out more how to procure and site a public access defibrillator and potential funding streams to explore.

To find out more about SADS, the Joe Humphries Memorial Trust and the JHMT Inspire Awards grants please visit www.jhmt.co.uk

@JHMTorguk  @JHMTorguk

SADS Facts of Life

• 12 young people aged 12-35 in Britain die each week from SADS undiagnosed heart problems.
• Most SADS cases have a genetic origin, with cases tending to come to light in teenage years and the early 20s.
• There are 30,000 out-of-hospital cardiac arrests in the UK each year and 27,000 do not survive the event (10% survival).
• Every minute of delay without CPR reduces the survival rate by 10%.
• Immediate action by performing effective CPR and defibrillation more than doubles the chances of survival.
• If someone has had a cardiac arrest the worst thing you can do is nothing.

Joe’s Mini HeartStart 4 Sport Clubs

jhmt.org.uk/heartstart is a pioneering scheme, aimed at offering sports the chance to learn CPR and how to use a defibrillator. The ‘free’ course endorsed and supported by Leicester City Council, BHF and Heartwise and is one of the key priorities of the Trust’s work.
As a local sport alliance, The Charnwood Sport and Active Recreation Alliance (CSARA) is a group of like-minded, enthusiastic individuals with a common interest in promoting and increasing access to sport and physical activity in Charnwood.

Our Chair, Emma Compson believes that the CSARA “provides opportunities for discussion that can make you think and act differently and opens up new collaboration opportunities which have greater impact locally”.

The membership is representative of those involved in the development of sport and physical activity in the borough. Below is a list of some the organisations involved:

• Charnwood Borough Council
• School Sport and Physical Activity Partnerships
• Loughborough University
• Loughborough College
• Community Sports Clubs
• Leicester-Shire and Rutland Sport
• Voluntary organisations

The CSARA members provide a range of services, events and programmes for those already involved in sport or those thinking about giving it a try. Some of the things we do include:

• Provide grants for clubs wanting to improve their facilities
• Deliver support workshops for clubs, coaches and volunteers
• Provide grants for talented young athletes in conjunction with the Leicestershire and Rutland Sport Go Gold programme.
• Organise an annual Sports Awards at which we celebrate a number of talented athletes, coaches, clubs and individuals across the borough. For more information please visit www.charnwood.gov.uk/pages/sportsawards

We regularly host club development workshops on numerous topics such as website building, increasing participation, marketing and safeguarding, as well as much, much more. If you would like to be added to our distribution list please do get in contact.

@ActiveCharnwood
www.charnwoodsport.org.uk

www.charnwood.gov.uk/pages/funding_and_support
Marathon runner Stuart Spencer, who competes on a regional and national level, has received a £250 Talent Support grant.

“We’re very lucky in Charnwood to have such a strong sporting community.

We want to encourage residents to get involved in sports, whether that’s joining a local club or taking up an activity which they enjoy.

These grants allow us to support clubs to offer more activities or improve their facilities and to help individuals achieve their sporting goals.”

Chris Traill - Strategic Director for Neighbourhoods and Community Wellbeing - Charnwood Borough Council